

Guide to Medical Checkup

An annual medical examination
links with good health for you

Your health brings smiles all around



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Please refer to the separate file for medical examination institutions.	



Eligible persons for health checkups and precautions when undergoing health checkups.

Eligible persons

Those who are insured persons or their dependents who have joined the Nissan Motor Health Insurance Society **as of the date of the medical examination.**

Note: Please note that in the event that you do not qualify for the Nissan health insurance on the day of the examination you will have to pay the full examination expenses yourself.

Medical examination institution

Please refer to the separate file for medical examination institutions.

[List of medical examination institutions](#)



Important matters to remember

- Those who do not qualify for the Nissan health insurance are not eligible for subsidies.
- Please note that examinations cannot be taken more than once during the same year.
This also applies when taken at Nissan Medical.
Medical examination fees will be calculated and charged when a second or further examination is ascertained.
- The medical examination may be undergone once each fiscal year (April 1, 2021 to March 31, 2022) regardless of date of birth. (Please apply promptly.)
- Any subsequent medical examinations will have to be paid for in full by you.



Important Notice

The Company name has changed from LSI Medience to WEMEX on April 1st.

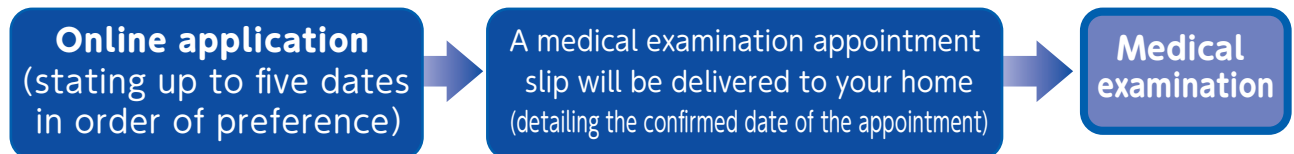


Flow of Applications

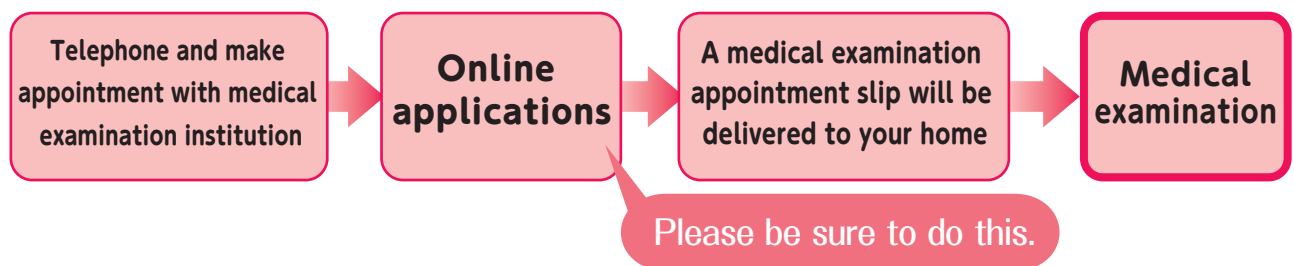
Flow of applications

There are two methods for making applications: the stating a preferred date method (in which you register your preferred dates online) or the direct appointment method (in which you phone the medical institution directly to make an appointment and then register the examination data online). Please choose one of the methods. (See pages 4-5 for more details.)

A. Stating a preferred date method (online appointment)



B. Direct appointment method (phone and online appointment)



Online applications

(1) Acquire your own login ID from the website below

When acquiring an ID please enter the same details as on your insurance card.

<https://www.tme.medience.co.jp/mestfweb/>

Note: Displayed only in Japanese



(2) Enter the login ID and password (your date of birth)

E.g. if you were born on April 1, 1979 your password is: **19790401**

(3) If you choose the stating a preferred date method and wish to register your preferred dates, enter the preferred dates. If you choose the direct appointment method and have the confirmed date of the medical examination, enter the confirmed date

Important matters to remember

Please ensure that you have completed step (3) above by no later than two weeks before the date of the medical examination.

For inquiries about
online applications

WEMEX Corporation call center Tel: 0120-507-066

Note: Medical examination appointments cannot be made at the above telephone number.
Note: Calls can only be handled in Japanese.



- (1) Lifestyle-related Diseases Medical Examinations and
(2) Complete Health Examinations and Brain-only Examinations

Medical Examination Application Methods



Please choose either the “stating a preferred date method” or the “direct appointment method”

A

Stating a preferred date method

Using this method you can apply over the Internet for the preferred dates, medical examination institution and examination course, upon which the examination institution will coordinate and decide the date via WEMEX.

Application to WEMEX



Apply over
the Internet

To
p.6



- Medical examination courses and options other than those designated by the society are not subject to subsidies. If you undertake any of these you will have to pay the entire amount yourself.
- Please state up to five preferred dates that fall two weeks after the date that you apply.

B

Direct appointment method

Enables the date of your examination to be coordinated relatively smoothly

Under this method you personally make an appointment by telephone with the partner medical examination institution of your choice. You then register to WEMEX detailing the date of the medical examination and course you have made an appointment for. WEMEX confirms the details with the medical examination institution, after which the appointment is finalized.

Select the medical
examination
institution

Select the medical examination institution you wish to be examined by from the List of Medical Institutions (institutions with which it is possible to make direct appointments).

Please also check that the institution you select conducts the desired options.

- ★ If the medical institution you wish to be examined by is not on the list please also look at the list of medical examination institutions on the Society's website. Note: Displayed only in Japanese

Directly make an appointment
with the medical examination
institution by telephone

If the content of the courses and options is different from those designated by the Society you will have to pay the entire expenses yourself.

Register the
reservation content

After making an appointment for a date that falls two weeks or more later, ensure that you make your registration, containing the appointment details, with WEMEX.

If you undergo the examination without registering with WEMEX you will have to pay the entire expenses yourself.



Applying over
the Internet

To
p.6

► Procedures common to both “the stating a preferred date method” and “direct appointment method”

Check that an application has been accepted

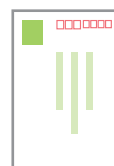
Application details can be checked by logging in again.



Receive medical examination appointment slip

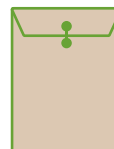
Around two weeks after your application a medical examination slip (a postcard) will be delivered to your home. Please store it carefully as you will need it when undergoing the medical examination.

Note: It is printed in Japanese.



Receive medical questionnaire and testing kit

The medical questionnaire and testing kit will be sent to you by the medical examination institution.



Undergo the examination

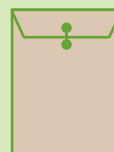
Please take with you the medical examination appointment slip, your health insurance card and the amount of money (if any) that you have to pay yourself.



Receive the results sheet

The results sheet will be sent to you directly by the medical examination institution around three to four weeks after the day of the examination.

Note: If it fails to arrive please directly contact the medical examination institution.



Changes and cancellations

If it is necessary for you to alter the date or cancel the appointment please directly contact the medical examination institution by telephone. Then please contact and inform WEMEX of the changes or cancellation. Contact WEMEX by telephoning them on this toll-free number: 0120-694-788

Note : There are separate stipulations about going through the procedures again after cancelling, so please contact WEMEX on this toll-free number: 0120-694-788

Calls can only be handled in Japanese.



Applying over the Internet

The Internet application screen can be accessed at the following website:

<https://www.tme.medience.co.jp/mestfweb/>

Do not forget to insert the "s" after "http."



If you have a smartphone you can directly access the application site using this QR code.

This site is external of the Society, and at present is only displayed in Japanese. We are apologize for any inconvenience

Log in to the WEMEX application site

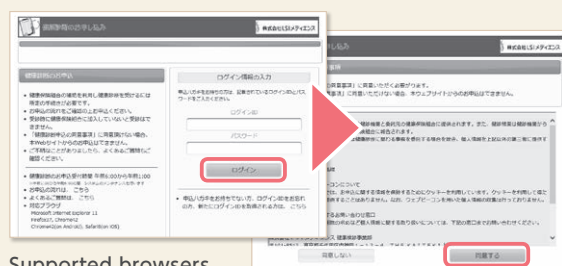
Note: The actual screen may be different in places

The medical examination application screen will be displayed.

- 1 After acquiring your login ID enter it and your eight-digit password (your birthday), and click "ログイン(Log in)."

Note: If you are unable to log in please contact WEMEX on this number: 0120-694-788 (Calls can only be handled in Japanese.)

- 2 After checking the consent details for the medical examination application, please click on "同意する (I agree)."

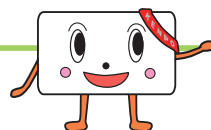


Supported browsers
Microsoft Internet Explorer 11, Firefox37, Chrome42,
Chrome42 (on Android), Safari8 (on iOS)

1

Confirm the examination course

Please confirm the examination course.
Confirm the name of the examination course you have selected and then click on "次へ (Next)."



2

Select the medical examination institution where you will be examined

- 1 Search for the medical examination institution you prefer (or with which you have made an appointment). This can be easily displayed by selecting the prefecture and then entering the city, town, ward or village.
It is also possible to search using a medical examination institution ID, name of medical examination institution and the test items you wish to undergo
Note: If you enter your medical examination institution ID no other search criteria are necessary.

- 2 Select the preferred medical examination institution. Please contact WEMEX if a medical examination institution with which you have made a direct appointment is not displayed or cannot be selected (Calls can only be handled in Japanese).



3

Select the examination options and date of examination

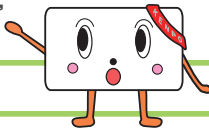
The available options will be displayed.

- 1 Select your preferred options.
- 2 Select your preferred appointment method.
Choose one from either “希望日記入方式 (Stating a preferred date method)” or “直接予約方式 (Direct appointment method).” The screen according to your selection will be displayed.
- 3 Enter the examination date for either the stating a preferred date method or direct appointment method.
- 4 Click on “次へ (Next).”

4

Confirm and enter personal information

- 1 Confirm your currently registered personal information.
- 2 In the “発送先情報の入力 (Enter name and address for sending information),” enter the name and address for sending the medical questionnaire and examination results etc.
Note: Can only be entered in in Japanese
 - In the event that anything for confirmation has arisen regarding your appointment etc. you will be contacted at your daytime contact telephone number. If you cannot be contacted at your daytime telephone number you may be called at the alternative number you provide. Please be sure to provide your contact details.
- 3 Click on “次へ (Next).”



5

Confirm and send application details

- 1 Confirm your application contents. If you wish to make any changes click on “個人情報の入力に戻る (Return to enter personal information)” and amend as necessary.
- 2 If the details are correct click on “上記内容で申込 (Apply with the above details),” which can be seen on the bottom right of the screen. Once the medical examination date has been finalized you will be sent a medical examination slip (a postcard) by WEMEX.

If your preferences cannot be satisfied you will be contacted by the medical examination institution or WEMEX.

If you enter your cell phone number please register the number of WEMEX on it (0120-694-788) and deactivate the incoming call rejection function.

1

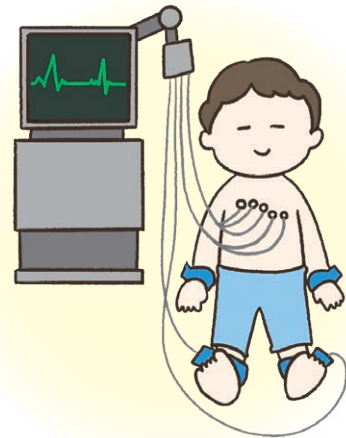
Lifestyle-related Diseases Medical Examinations

About the system

Those eligible

Female employees, family members and former employees still making voluntary insurance premiums

Note: There is an age restriction (aged 30 or over) for the brain option



Lifestyle-related Diseases Medical Examinations	Doctor's examination	Body measurement (height, weight, BMI, abdominal circumference)	Blood test	
	Blood pressure		Fat metabolism: Neutral fat, HDL-cholesterol, LDL-cholesterol	Liver function: AST (GOT), ALT (GPT), γ-GTP
	Urine test (sugar, protein)	Electrocardiogram		Sugar metabolism: Glucose level or HbA1c
		Chest X-ray		

Amount paid at own expense

Amount paid at own expense		Male	Female	Your expense	Recommended age
Basic item	①Lifestyle-related diseases medical examinations	○	○	None	
Options	Cervical cancer examination		○	None	
	Breast cancer examination (mammography)		○	One of the two free of charge. 20% of the ultrasonography charge when both are undertaken	Those aged 30 or over
	Breast cancer examination (ultrasonography)		○		
	Prostate cancer (PSA)	○		20%	
	Stomach cancer examination (X-ray)	○	○	20% of one of the two. Entire expenses for ABC test when both undertaken.	
	Stomach cancer risk examination (ABC test)	○	○		
	Intestinal cancer examination	○	○	20%	
	Brain option (those aged 30 or over)	○	○	Subsidy up to 20,000 yen	

You will have to pay the entire expenses for any other tests taken other than the above.

日産健保 (Nissan Motor Health Insurance Society)

Search

健診制度 (Medical examination system)

生活習慣病健診 (Lifestyle-related diseases illness examinations)

2 Complete Health Examinations

About the system

Those eligible

Employees aged 30 or over

Family members aged 30 or over
and former employees still making
voluntary insurance payments



Medical examination content

Complete health examinations	Physical measurements	Stool and urine test	Chest X-ray	Stomach X-ray (Gastroscopy)
	Eyesight test/funduscopy	Blood test.	Pulmonary functions	Abdominal ultrasonography
	Hearing/blood pressure test	Electrocardiogram etc.		

Note: The content of examinations may differ from one medical institution to another, so please confirm them when you make an appointment.

Note: If you wish to change the stomach X-ray to a gastroscopy please tell the medical institution directly. You will have to pay any additional expenses yourself. Not all the medical institutions can make these changes. (There is no need to inform WEMEX.)

Note: It is not possible to cancel or change the medical examination content. If you cancel or change the content, it will not be covered by the subsidies (e.g. in the event that you cancel stomach X-ray).

Amount paid at own expense

		Male	Female	Own expense payment
Basic item	② Complete health examinations	○	○	Subsidy up to 20,000 yen
Options	Cervical cancer examination		○	20%
	Breast cancer examination (mammography)		○	
	Breast cancer examination (ultrasonography)		○	
	Prostate cancer (PSA)	○		
	Brain option	○	○	Pay entirely at your own expense

日産健保 (Nissan Motor Health Insurance Society)

Search

健診制度 (Medical examination system)

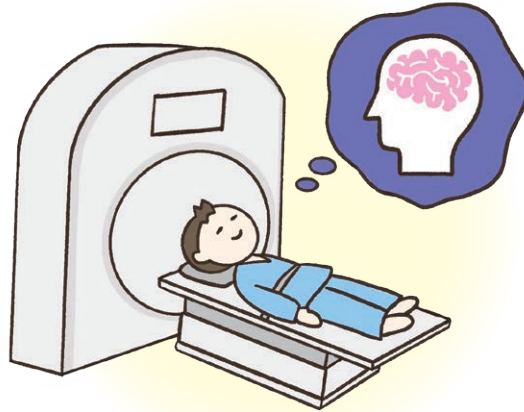
人間ドック (Complete health examination)

2 Brain-only Medical Examinations

About the system

Those eligible

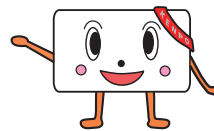
Employees aged
30 years or over



Medical examination content

Brain-only
medical
examinations

MRI • MRA



Charges

A subsidy of up to 20,000 yen will be provided.

Note: Those who have already undergone a complete health examination during the fiscal year are not eligible for the brain-only medical examination subsidy.

日産健保 (Nissan Motor
Health Insurance Society)

Search

健診制度 (Medical
examination system)

人間ドック (Complete health
examination)